



# RACE GUIDE

SUNDAY, OCTOBER 8, 2023

PRESENTING SPONSOR:





CARDIOLOGY CLINIC



# NO BAGS

This policy was created with local law enforcement and the Department of Homeland Security.

This policy is in place for your safety.



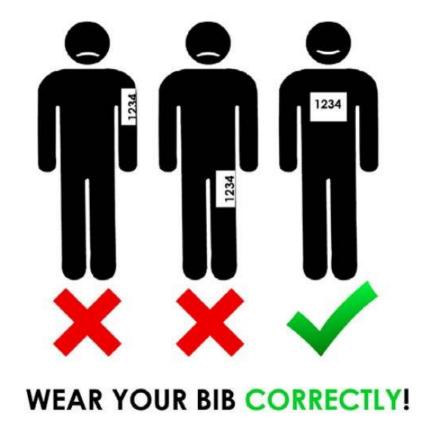


# BIB PLACEMENT

#### WANT TO GET YOUR RESULTS?

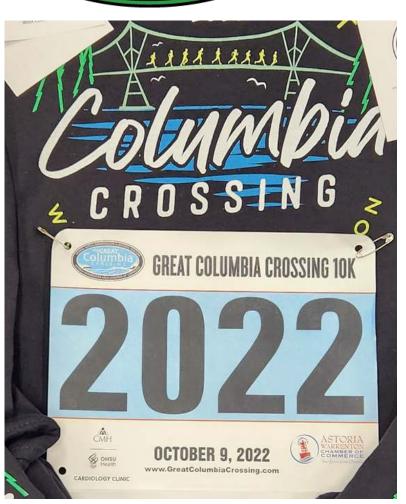
If you have a chip attached to your race bib, do NOT remove it.

Leave the chip on the back of your race bib and pin your race bib on the front of your shirt or shorts.





# CHECK YOUR BIB



The label on the front of your bib shows the information we have for you in our system.

Please make sure that these pertinent details are correct - they will affect your timing results.

Check the back of the bib to verify your emergency contact and phone number.

#### Front side:

Bib #: 1234 Gender / Age Zip Code Last Name, First Name Shirt option (if purchased)

#### Back side:

Your bib # and first name Emergency contact name Emergency contact phone number



Many portable toilets will be at the Starting Line!

2 portable toilets will be located on the bridge near mile marker 3.



# RACE ETIQUETTE



Runners should start first, followed by walkers in the back



If you think you will need water on the bridge, you are encouraged to bring your own water bottle.

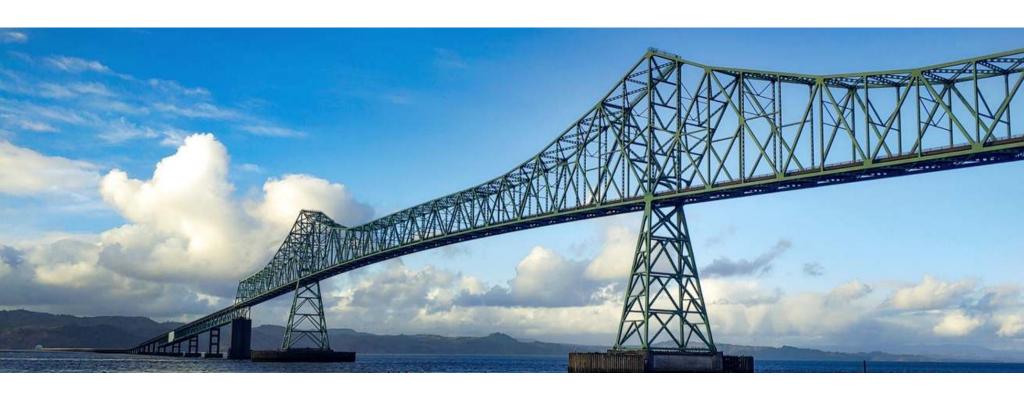
Water stations: at starting line, near mile 5, and at the finish line.

Water is not provided on the bridge because it is a state highway that promptly re-opens to traffic following the race, leaving no time to clean up trash left on the bridge.



## BE KIND.

DO NOT LEAVE TRASH ON OUR BEAUTIFUL BRIDGE.





# CHERING YOU ON!

Keep an eye out for motivational signs on the course in Astoria.







FLIES



# The Sweeper Bus starts picking up participants still on the bridge at 10:45 am.

### SWEEPER BUS



www.GreatColumbiaCrossing.com





# NO PETS ON THE SHUTTLE OR COURSE.

...NOT EVEN LITTLE ONES.



# SHUTTLES TO THE START

updates

#### HANDICAP PARKING ONLY NEAR RACE COURSE

EVERYONE ELSE MUST PARK AT ONE OF THESE LISTED SHUTTLE STOPS

EAST MOORING BASIN
NAPA AUTO PARTS
TAPIOLA PARK
ASTORIA HIGH SCHOOL
CMH FIELD
PORT OF CHINOOK (WA)





#### **OREGON SHUTTLES**

Must be in line by 7 AM to guarantee spot to the start line Shuttles start at 6:30

#### **WASHINGTON SHUTTLES**

Must be in line by 7:30 AM to guarantee spot to the start line Shuttles start at 7:00

# SHUTTLES TO THE START

updates

EAST MOORING BASIN • ASTORIA HIGH SCHOOL

- NAPA AUTO PARTS CMH FIELD

  - TAPIOLA PARK PORT OF CHINOOK (WA)



You are not allowed to park or drop off at the starting area at Dismal Nitch.



# THANK YOU TO OUR PRESENTING SPONSOR:





**CARDIOLOGY CLINIC** 



# THANK YOU TO OUR SUPPORTING SPONSORS:

#### **GEAR CHECK SPONSOR**



Mile Marker Sponsor



COASTAL FAMILY HEALTH CLINIC

RACE RECOVERY SPONSOR



SHUTTLE SERVICE SPONSOR: Samuel S. Johnson Foundation



### PRESIDENT'S CIRCLE ANNUAL SPONSORS

Astoria Warrenton Crab, Seafood & Wine Festival: Fred Meyer

Chamber Annual Meeting & Banquet Presenting Sponsor: Pacific Power

Great Columbia Crossing Sponsor: CMH-OHSU Health Cardiology Clinic

#### **PLATINUM**

Holiday Inn Express Hotel and Suites
Wadsworth Electric Company
Wauna Credit Union

#### **GOLD**

Best Western Astoria Bayfront Hotel Columbia River Bar Pilots Providence Seaside Hospital

#### **SILVER**

Anchor Graphics
Astoria Brewing Company
Betsy Johnson, Former State Senator
Bowline Hotel
Clatsop Community College
Clatsop Distributing
Columbia Steel & Welding Supply
Englund Marine & Industrial Supply Co., Inc.
NW Natural
P&L Johnson
The Rosebriar Mansion

#### **BRONZE**

Astoria Riverwalk Inn
City Lumber
Craft3
Hyak Tongue Point
Knutsen Insurance
Lewis & Clark Bank
Ocean Beauty Seafoods
Pier39-Astoria
Pig 'N Pancake Restaurant - Astoria
Teevin Bros Land & Timber
Warrenton Auto & Marine Repair

Chamber Networking Breakfast Coffee Sponsor: TLC, A Division of Fibre FederaL

Chamber Business After Hours Sponsor: Columbia River Maritime Museum



### CLAM BUCKS

- Each Clam Buck is worth \$1 and can be spent just like cash.
- A list of chamber member businesses that will accept Clam Bucks is on the race website and at packet pick-up.
- Up to 5 Clam Bucks can be spent per person/transaction.
- They are accepted from Thursday, October 5 to Wednesday, October 11, 2023.

## SPEND YOUR CLAM BUCKS!

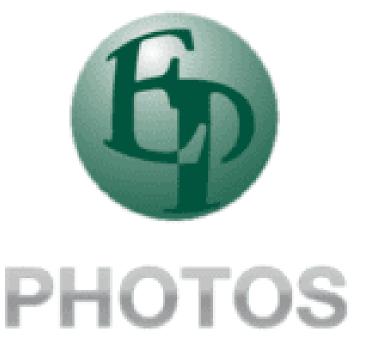


# USE THE HASHTAG

Great Columbia Crossing event photography is provided by EP Events.

#GreatColumbiaCrossing is flagged by our photo software so we can put your public social media images in this gallery:

https://www.oldoregon.com/the-great-columbia-crossing-10k/photo-gallery/





# THANK YOU UOLUNTEERS!

